

News release: 17 June 2021

TEEN TIPS SURVEY REVEALS NEED FOR MENTAL HEALTH SUPPORT IN SCHOOLS

Stats from Teen Tips reveal an overwhelming 89% of parents say there's a need for teachers to be given the skills to support the emotional wellbeing of young people. The parent survey, conducted by Teen Tips, demonstrates the surge in demand for mental health support:

- 88% of parents think the school closures have had a negative impact on their child's mental health and wellbeing.
- Three quarters of parents (75%) are anxious about the mental health and wellbeing of their child.
- Two thirds of parents (67%) are concerned about their child's school work and motivation.
- Over half (59%) are concerned about their child's self-esteem and self confidence.

Alicia Drummond, adolescent psychotherapist and founder of Teen Tips said:

“Teachers have done a truly extraordinary job of supporting and educating pupils in the most difficult of circumstances. Since the pandemic, Teen Tips have seen an unprecedented demand from parents and schools for guidance and training on understanding and meeting the social and emotional needs of their young people.”

Teen Tips are experts at supporting parents and schools with their virtual Wellbeing Hub for schools which includes a newly launched pupil hub giving young people the tools to manage their own mental health and wellbeing. Parents can also sign up independently to the Teen Tips Wellbeing Hub. See <https://www.teentips.co.uk/wellbeing-hub/> for more details.

- Ends -

For interviews please contact Emma Pelling on: 07958 558172, emma@pellingpr.co.uk

Media spokespeople:



Alicia Drummond, Adolescent Therapist and Teen Tips Founder

Alicia has first hand experience of the challenges faced by young people today. Alicia delivers online and onsite training for staff, parents, carers, charities, clubs and organisations working with young people. Alicia is also a counsellor, parent coach, speaker and author.